Hello everyone, welcome to October, the spookiest of all months. I say this because, as we all know by now, I am a huge horror fan. I do and always have loved scary stories and scary movies. I especially love tales of the supernatural in which ghosts and other strange beings roam the earth, scaring those who cross their paths. My love for horror is inexplicable as these tales and movies have had the effect of keeping me up nights and even sometimes making me jumpy during daylight hours. I have often been asked why on earth I would do that to myself, and I never really have an answer. Perhaps it is because the fear I experience from horror stories and movies is in some way a ‘fun’ fear. When I jump out of my seat while watching a scary movie, there is always laughter that follows. When I’ve gone into a dark room and was startled by my own reflection in a mirror, it is followed not only by laughter, but a sense of relief and it may be these two reactions that make the scary experiences ‘fun’. I am laughing (albeit a bit nervously) because there was nothing really to be scared of. That monster or ghost that jumped out of the shadows in the movie did not jump into my living room, nor are they likely to, (the movie ‘The Ring’ made me question that last bit for a while, but that was a special case 😃) and the ghost that I thought I encountered in the mirror turned out to be my own startled face.

Movies and stories aside, we live in a world of very real and legitimate fear.
On the front page of a book that I bought last year there are these Kanji, "Shogyōmujō" which Google translates as "Various Activities". However, when looked up in Hisao Inagaki's *A Dictionary of Japanese Buddhist Terms, 5th Edition* it is translated as "All things are impermanent". The author of the book translated the cover as "Everything is Changing". All of these translations are right; however, it is difficult for us as humans to truly understand what this means, that all things are impermanent.

While I was in Japan last year, after my Tokudo ordination, I went on a short trip and I ended up for a few days in the famous Buddhist town of Koyasan. This is the town where a majority of Shingon Buddhist Temples are based. One of the hallmark tourist attractions in Koyasan is the cemetery where Kobo Daishi, the founder of Shingon in Japan, is now located. Walking from one end to the other of this cemetery takes well over an hour, as it winds its way through the evergreen trees, and there are many side paths that go off to individual and family graves that have been there for close to a century. This is where the lesson comes in - as you walk up these side paths, there are rocks sitting on the side, grown over, pieces of grave stones long forgotten. The tell-tale signs of former graves, now falling back and becoming part of the earth once again. When I saw these, I remember thinking all things are truly impermanent and I nor anyone else can hold onto anything forever.

In the fact that I am shocked when I see gravestones falling over, I become aware of the fact that I am nowhere near capable of finding emancipation or enlightenment on my own in this samsaric existence. Accepting the fact that there is nothing in a static state is very hard for us as humans, as we want things to not change or, if they are going to change, we want them to change in a way that we understand and desire. We must follow the path that allows us to escape from this existence removed from our attachments. Rennyo Shonin stated in the Gobunsho *Those Lacking Wisdom in the Latter Age*:

(continued on page 4)
YBA Greetings to the Sangha

We hope that you are enjoying the Fall and the cooler weather! As with the changing of the seasons, we observe and embrace all the many changes that are a part of life. We have been undergoing some of our own exciting changes here in YBA.

Many of you know that Jon and Amy have welcomed a new member into their family; congratulations! As they embark on their parenting journey, they are starting to take a step back from the responsibilities of being YBA advisors. During this transition year, they will be training and supporting the new YBA advisors: Craig Hirokawa and Sarah Pettis. We would like to take this month’s newsletter as an opportunity to briefly introduce ourselves to those who may not know us.

Craig: Hello! I was a member of YBA from 2005-2009. I completed my undergraduate degree at the University of Denver, after which, I moved to San Jose, California with the Teach for America program. In California, I taught two years of 5th grade and three years of 7th grade. After five years in California, I knew it was time to move back home to Colorado! I currently teach 7th grade social studies in the Cherry Creek School District. I am excited to return to temple regularly again and looking forward to supporting YBA!

Sarah: I was a member of YBA from 2008-2012. After finishing up my undergraduate studies in Oregon, I moved back to Colorado. I taught 2nd grade for two years in Cortez, CO, and since then have taught 1st grade and now K-3 Reading in Westminster. Living in Oregon and Cortez, I felt somewhat disconnected from the JA and Buddhist communities, and had been wanting to start coming to temple regularly again. I am excited to be able to support YBA and reinvolve myself in the temple community this year!

As with all the other adjustments to our “normal” routines, this YBA year will be unlike anything we have ever experienced. There are still many unknowns as to what events and activities we will be able to participate in and plan for the temple. However, with both of our teaching backgrounds, we are eager to come together with some creative thinking and ideas to continue building community within YBA, Dharma School, and the Sangha.

As we establish a clearer vision for YBA this year, we will communicate the events, activities, and ideas that we come up with. We are looking forward to it!

You Can Be A Published Cook and Author

The original, Treasured Recipes Cookbook, was published 27 years and is available for purchase now in its 6th reprint. We are hoping you will share your or your family’s treasured recipes with us for a Second Edition Cookbook. Proceeds of the sale of this cookbook will benefit the Temple. Because of these unprecedented times with this pandemic we have found ourselves cooking at home more. What did you make and why did you choose that particular dish? Was it because you had the supplies in your refrigerator or freezer at that time? Did it bring you comfort because it is a treasured recipe from a grandparent, parent or relative? Or maybe it was on your family’s dinner table for a special holiday or Sunday dinner. Please share your stories along with your recipe. We cannot guarantee that we will publish the story accompanying your recipe but we will try. Many factors may limit the space we will have available.

Please submit your recipes to Gail Ida at gailann.ida@gmail.com or call if you are unable to send it by email at 303-466-6937 and we can discuss other alternatives for submission. We are currently looking for anyone who would like to help in this worthwhile endeavor. Please contact Gail Ida if you would like to be involved.

Treasured Recipes on Sale NOW!

It’s a lucky day, month, year. BWA’s Treasured Recipes (collected recipes cookbook) has been re-printed and is now available for your purchase. Originally published in 1993, this cookbook includes many recipes passed down from the Issei and Nisei generations; some you may remember from family gatherings!

The sales process has been arranged to accommodate current Covid living&working situations. Your book can be mailed to you or you can arrange for Curbside Pickup in Lakewood, Westminster, Thornton, Highlands Ranch or Golden.

Begin the process by sending your order via email to jsa5280@centurylink.net. Please provide the following information:

*Your name, address, phone number and email address
*The number of books you are purchasing (cookbooks are $14 each; this price includes sales tax)
*Indicate whether you would like your order mailed to you ($3.30 shipping and handling cost) OR which location listed above you would be willing to schedule a pickup
*Your preferred payment method
  - You can pay by check
  - You can pay via PayPal

When you place your order, you will have access to further assistance or information via email.

Because of these unprecedented times with this pandemic we have found ourselves cooking at home more. What did you make and why did you choose that particular dish? Was it because you had the supplies in your refrigerator or freezer at that time? Did it bring you comfort because it is a treasured recipe from a grandparent, parent or relative? Or maybe it was on your family’s dinner table for a special holiday or Sunday dinner. Please share your stories along with your recipe. We cannot guarantee that we will publish the story accompanying your recipe but we will try. Many factors may limit the space we will have available.

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煩悩にまなこさへられて 摂取の光明みざれども
大悲もののうきことなくて つねにわが身をてらすなり (高僧和讃95)

そしてある盆の忙しい日のことです、八月半ばのとても暑い日でした。いつものように勝手に家にあがり仏間に入ったら「ある悪い考え」が頭をよぎりました。その考えとは「家の人が誰も参加しないのであれば、お経をあげずにお布施だけ持って帰れば良いのではないか？」という良くない考えでした。しかし私はそれはできませんでした。やはり私は同じように誰もいない仏間で仏壇の前に座り、合掌をしお経をあげました。

何が私をそうさせたのかといつて、お仏壇の前に正座した時に目の前に見える阿弥陀仏が私にそうさせたのだと思います。たとえ誰もいない家で、誰にも見られていないと思っても、阿弥陀仏は見ていました。そして私はこの選択をして良かったと深く感じました。なぜかというと、これは後から分かったのですが、実はその部屋にはもう一人、私を見ていた人がいたのです。誰だか分かりますでしょうか？彼は人間であり、僧侶であり、名前を今田法翔と言います。つまり「私自身」が見ていたのです。自分自身というのは今もまさに誰よりも近くで常に私の行動を見ています。

「仏教は自分自身を映す鏡」という言葉があります。普通の鏡ならば家の洗面台やクローゼットの近くにもありますよね。しかし普通の鏡が映すのは、髭をそって髪型をセットしてオシャレをして少し「すまし顔」の自分だけです。これはなぜかというと、人間が自分の事を「良く」見ようとするからだそうです。そして鏡を見ている瞬間は「自分自身に見られている」と知っているので、少し良い顔をするのです。しかし仏教という鏡は、気を抜いている時の「悪い自分」も映し出します。今回の最初にあげた御讃題にはこう書いてあります。「煩悩にまなこさへられて」自分の悪い部分を見ないようにしている私を阿弥陀仏の光は「つねにわが身をてらすなり」このように親鸞聖人は味わっていた。この度も尊いご縁を頂き有難うございました。南無阿弥陀仏

In the coming weeks there will be an online survey to gather information from the sangha and community members on your vision for a new Temple and a new Sakura Square. We strongly encourage you, family and friends to participate and give your input. More information will be forthcoming.

Please feel free to reach out to Gary Yamashita, Sakura Square CEO at garyy@sakurasquare.com and Chad Nitta, Temple President at chad.nitta@kutakrock.com for any questions regarding the Sakura Square and Temple redevelopment.
People face economic instability which makes them scared that they will lose or be unable to obtain basic necessities such as food and shelter. This fear and anxiety causes tension which then brings up our irrational reactions. We look to find reasons for our fear and turn our fellow human beings into ‘monsters’ in order to rationalize the feelings and reactions that we don’t like (anger, sadness, anxiety etc) and in doing so, we only heighten the fear in the world. This is not to say that there aren’t monsters in the world that we should fear, but when we start seeing them everywhere and in everyone, we start pushing each other in front of the clown instead of helping each other through the maze. Fear can indeed make us irrational, but when we can take a moment to realize that sometimes what we are afraid of is our own reflection, we can react with a nervous giggle and commiserate with others who also feel that fear.

There is a line in the Sanbutsuge, which is the part of the Larger Sutra in which the Bodhisattva Dharmakara is expressing his desire to liberate all beings, which says ‘to all those who live in fear, I will bring great peace.’ We will never have the fearlessness of a Buddha or Bodhisattva, but the Buddhas and Bodhisattvas know this and therefore made vows to ensure that our suffering could be eased in some small way. Bodhisattva Dharmakara made Vows to become Amida Buddha to ensure that even those in the distant future would be able to encounter the Dharma and therefore encounter and awaken to our true selves. We are small beings full of fears and anxieties but when we begin to realize and appreciate this fact, we can begin to relax in the knowledge that we are not alone in these fears. They will not always be the same fears, but knowing that we all have them can help to further connect us with others and, as Jodo Shinshu Buddhists, we can say Namo Amida Butsu in great gratitude for the wisdom/compassion given to us by the fearless Buddha.

~Gassho

Coming Soon!!
2020 Mountain States District Conference
Hosted by Longmont Buddhist Temple
An All-Day Virtual Event
Saturday, October 31st
Watch for details
## In memory of Kimiko Kato-7th yr
- Sharon Brooks
- Linda Kato
- Yasuko Kato
- Sue Murahata
- Richard Murahata
- Kiyoko Omoto
- Karen Omoto
- Shirlely Tsuchimoto
- Kazue Banecks
- Richard & Michiko Yoshida
- Omoto Family
- Alice Mizuno
- Roger & Judy Shimono
- Fred & Sharon Gordon
- Yuriko Shimoda
- Fred & Sharon Gordon
- Roger & Judy Shimono
- Kay Takahashi
- Ida Sasaki
- Alice Mizuno
- Omo Family
- Phillip & Lillian Miyazawa
- Richard & Michiko Yoshida
- Jack & Alice Kimura
- Kazue Banecks
- Shirley Tsuchimoto

## Obon donation
- Rodger Hara
- Lorraine Hisamoto
- Kenzo & Shirley Horiuchi
- Junko & Manabu Kimura
- Marie Miller
- Frank Miyazawa
- Miyoko Murata
- Hank & Irene Shibao
- Syliva Smith
- Sayoko Takata
- Tom T. Urano, Jr.
- Richard & Michiko Yoshida
- Michael Toyoshima
- Qris Yamashita

## CBF 2020 Donation
- Clarynne & Nick Blanchard
- Ruby Mayeda
- Youko Yasasaki
- Sue Yoshimura
- Tom T. Urano, Jr.

## Donation
- Anonymous
- George & Yoko Nagai
- Kazuko Ortiz
- Calvin & Donna Noguchi
- Atsuko Kagiyma
- Michiko Fuji
- Family of Sumiye Tanaka
- Gloria Koshio
- Dave & Teresa Akiyama
- Gary & Cindy Matsuda
- Nicole, Toney, Sophia McKain
- Melvin & Linda Takahashi
- Craig & Kayla Matsuda
- in memory of
- Ben Fuji
- Roy Inouye
- Fred Kiyotake
- Ethen Sato
- Jocelyn Kimura

## Hatsubon donors
- Kenzo Kagiyma
- Calvin & Donna Noguchi
- Michiko Fuji
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- Gloria Koshio
- Dave & Teresa Akiyama
- Gary & Cindy Matsuda
- Nicole, Toney, Sophia McKain
- Melvin & Linda Takahashi
- Craig & Kayla Matsuda
- in memory of
- Atsuko Kagiyma
- Rev. Ed Fujii
- Sumiye Tanaka
- Tom Koshio
- Yosh Akiyama
- Yosh Akiyama
- Yosh Akiyama
- Yosh Akiyama
- Yosh Akiyama

## July Shotsucki donors
- Alyce Fuji
- Donna Inouye
- Jack & Alice Kimura
- in memory of
- Daniel Earnest Hunter
- Dorothy Sugiuara
- Fumiye Yanari
- Harley Shimamoto
- Helen T.Shimono
- Helen T.Shimono
- Larry Fukuhara
- Martha Mizuno, Paul Y. Tago
- Masaru Omoto
- Rise Yoshida
- Rise Yoshida
- Rise Yoshida
- Stuff Tsudo Tani
- Yoshito Tsuchimoto
- Yoshito Tsuchimoto

## August Shotsucki donors
- Families of Tosh & Mary Tawara
- Harriet Sakamoto
- Sumi Akiyama
- Helen Takahashi
- Fumiye Yanari
- Harley Shimamoto
- Helen T.Shimono
- Helen T.Shimono
- Larry Fukuhara
- Martha Mizuno, Paul Y. Tago
- Masaru Omoto
- Rise Yoshida
- Rise Yoshida
- Rise Yoshida
- Stuff Tsudo Tani
- Yoshito Tsuchimoto
- Yoshito Tsuchimoto

## September Shotsucki donors
- Sumi Akiyama
- Karen & Michael Jones
- Families of Tosh & Mary Tawara
- Sue Murahata
- Ida Sasaki
- in memory of
- Frank Higa, Hitoshi Tawara
- Harry Umimoto
- Hitoshi Tawara, John Ackio
- Suki Joe Murahata
- Tom Sasaki, Harry Nitta

## Donations
- Yoder
- Pacific Mercantile
- Tom T. Urano, Jr.
- Yoko Mooney
- Kroger
- BCA
- Tsuchu & Beulah Kagiyma
- Yoshifumi Ogin
- Wayne & Jowie Yoshioka
- Tetsuo & Sadako Iwahiro
- Family of Erlene Hikida
- Ronald Matsushita
- in memory of
- burial; Joyce Harada
- BWA Cookbooks
- Memorial Day service
- qtrly fundraising disbursement
- ZOOM grant
- imo Charlie Kagiyma – 49th day
- imo Hatsuyae Ogin – 3rd yr
- imo Himi Morishige – 1 yr
- imo Charlie Kagiyma
- imo Erlene Hikida – 3rd yr
- imo Lillian Matsushita

## Obon Lantern donation
- Glenn Akiyama
- Dave & Teresa Akiyama
- Justin Akiyama
- Michelle Akiyama
- Michelle Asakawa
- Sharon Chikuma
- Jamo & William Chikuma
- Amber Gargan
- Gayle Goto
- Kirk Horiuchi
- Ann Hyde
- Gail Ida
- Ruth Ikeya
- Donna Inouye
- Catherine Ishida
- Steven Kagiyma
- Gwen & Steven Kawashima
- Gloria Koshio
- Janice Koshio
- DL Koshio
- Sam Malone
- Kaitlyn Mascher-Mace
- Craig Matsuda
- Karen Matsushita
- Oki Matsumita
- Joyce Miyagishima
- Sara Miyagishima
- Lillian & Phillip Miyazawa
- Montel Montecalvo
- Sue Murahata
- Edward Nance
- Naomi Nguyen
- Alan Nitta
- Sherri Nitta
- Wayne Nitta
- Clyde Nitta
- Donna Noguchi
- Nancy Oliver
- Stacey Umemoto Ospina
- Courtney Ozaki
- Teri Ozaki
- Janice Tanaka Ramos
- Linda Rogers
- David Sakauchi
- Steven Shigaya
- Evan Shigaya
- Jacki Shimamoto
- Merrily Stewart
- Linda Takahashi
- Kay Takahashi
- Shelly Tanaka
- Pamela Tani
- Hisae Taniwaki
- Tisha Fujii
- Steven Toyoshimo
- Shirley Tschimoto
- Ted Tsumura
- Shannon Umetani
- Steve Umetani
- Gary & Debbie Yamashita

## September 3rd
- Ronald Matsushita
- Michael Toyoshima
- Qris Yamashita
- in memory of
- Ryo Inouye
- Ethen Sato
- Tisha Fujii
- Toshi Tawara
- John Akio Tawara
- Art Yoshimura
- Suki Joe Murahata
- Tom Sasaki, Harry Nitta
- in memory of
- Helen Takahashi
- Fumiye Yanari
- Helen T.Shimono
- Helen T.Shimono
- Martha Mizuno, Paul Y. Tago
- Masaru Omoto
- Rise Yoshida
- Rise Yoshida
- Rise Yoshida
- Stuff Tsudo Tani
- Yoshito Tsuchimoto
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- imo Himi Morishige – 1 yr
- imo Charlie Kagiyma
- imo Erlene Hikida – 3rd yr
- imo Lillian Matsushita
Live-in caregiver needed for my 104-year-old mother-in-law. She requires total care, including cooking/feeding her 3 meals a day; bathing; taking her to the bathroom (she is totally incontinent). Light housecleaning duties also required (laundry; vacuuming; kitchen clean-up). She is mobile with a walker; has dementia, speaks both Chinese and English - she is also non-aggressive, has a gentle soul and is compliant. The ideal candidate would need to work either 24/7 or 24/6 (if he/she requires a day off). Compensation negotiable since room and board is provided as well as all food/meals. Please call Judy Wong at 720-971-6250 for more details.
This year many of us depended upon Fall to bring cooler weather, blue skies and beautiful leaf coloration. We also thought/hoped it would bring an END to the Pandemic way of life so that we could return to regular schedules and activities.

Fall has been successful on most counts, but in the matter of getting Temple operations back to “regular”, Fall has been unsuccessful. Not that there is anything Fall can actually DO; but simply as a measure of time, Temple reopening will not be happening in Fall.

Temple classrooms or no, Dharma School has begun their 2020/21 school year via Zoom. Thank you to students, parents, teachers, superintendent and ministers for creating your classes online in little picture squares that appear on your computer screen. Initially I regarded Zoom as a brilliant novelty and my assessments ranged from ‘amazing’ to ‘enchanting’. But with my own overload of Zoom meetings, the bloom has worn pale - I understand that this same dimming has occurred within the school pupil-teacher population, too. Has it served you well?

We have been fairly successful, attendance-wise, in providing the Dharma online. We have been able to hold services on Zoom, YouTube, Instagram & FaceBook. We supply “live” weekly classes via Zoom and recorded nuggets of knowledge which are available library-style on YouTube. The ministers send out weekly ‘links’ to all these virtual events via email. The Temple relays information & Teachings on a monthly basis via USPS mail. We have even been able to hold two major celebrations online - Sakura Matsuri and Obon Odori!

While online attendance can not replace in-person experiences, we hope your needs are being met. And we wonder if you have any creative ideas for gathering? for notification? for providing online access to those who do not possess? creating a Bake Sale atmosphere on Zoom? Your ideas for these and other situations are very welcomed. Don’t hesitate to call, mail or email them in; 303-295-1844, dinouye@tsdbt.org.

Thank you to the Taiwan Chamber of Commerce, New York for (TCCNY) donating 1,000 face masks to the Temple (with the assistance of the Asian Chamber of Commerce, Colorado (ACC)). We appreciate the kind and generous TCCNY donation and we are grateful to ACC for making the connection.